

Your Side Home Care Packages — you choose what you need

Home Care Packages have been around in various forms for over 20 years. They are a Federal Government subsidy that can be used by older people to pay for help that allows them to stay living independently in their own community.

People prefer to stay in their own homes as long as possible as they age, and it is more cost effective to the community and the taxpayer for people who do not have high or complex needs.

Supporting people to live in their own home is the future of aged care.

The first step is to register online or over the phone with My Aged Care www.myagedcare.gov.au. After that initial step it can take from six to 12 weeks to get assessed. If it is an emergency it can happen within a week, for example, if you have just been discharged from hospital.

A Home Care Package is tailored to each individual's needs. You are assessed at one of four levels and that level translates to an amount of money that you can spend on care through a registered provider.

You can use the money to pay for services that you need and that you choose. Support falls into categories from nursing to domestic assistance, social support, home modifications or assistive technology to make getting around your house safer and easier.

It's up to each person to talk with their provider to put together a package of support that best suits them, within the budget provided. A good provider, such as Your Side, will help someone work out what services will work best and review the mix regularly.

Simone is the daughter of 85 years old James, and comments.

"Dad is on a Level 4 Home Care Package which enables us to have a carer three days a week. The carer takes him walking, to a movie, the zoo, beach and appointments."

"The package also helps with

household chores. It's a fantastic service that Your Side offers and I really couldn't do it without their help."

For more information on Home Care Packages contact Your Side today on hcp@yourside.org.au or by phone on 1300 134 332.



Simone and her dad James, who is on a Level 4 package. Photo: Bec Lewis

Here is a summary of the packages; figures are rounded.

Package level: Level of care needs:

Level 1	Basic care needs – approximately \$8,750 a year
Level 2	Low care needs – approximately \$15,250 a year
Level 3	Intermediate care needs – approximately \$33,500 a year
Level 4	High care needs – approximately \$50,750 a year

Get *more* hours of care



Switch your Home Care Package to *YourSide* and receive up to **6.5hrs** of extra care per week!*

- Services tailored to suit your needs.
- One all-inclusive management fee, with no hidden costs.
- Expert advice and support from a dedicated care team.

Switch today and we'll credit up to \$500* of your provider's exit fee!

1300 134 332
hcp@yourside.org.au

*Terms & conditions apply.

YourSide
 Your Health and Wellness.