## Where carers can find support





## What is Carer Gateway?

Carer Gateway provides in-person, phone and online services and support to Australia's 2.65 million unpaid carers.

## What services does Carer Gateway provide for carers?

- Coaching
- Counselling
- Respite care emergency and planned
- **Connects you with other carers**
- Online skills courses
- Financial support

## **How do I contact Carer Gateway?**

By calling **1800 422 737** Monday to Friday between 8am and 5pm, you can talk to a Carer Gateway service provider who will help you access services and support.

Carer Gateway also offers a national website at **carergateway.gov.au** where you can find online support and information.





In partnership with **Your Side** 

carergateway.gov.au

Connecting carers •••• to support services