

FRI 04

MANLY BEACH COVE & LUNCH

Time: 9am – 4pm

Location: Near Manly Wharf, manly NSW 2095

Cost: Free

Companion Card Accepted

Requires a NSW Opal Card for transportation.

Lunch: B.Y.O picnic lunch on the day.

Manly Wharf sits on the shore of Manly Cove. At Manly Cove you can enjoy well landscaped, large shaded grassy areas, perfect for picnics and relaxation. Within water at Manly Cove there are no waves, plus a shark net makes it an ideal place for swimmers.

Please remember to bring along your swimmers, sunscreen, towel and plenty of water as it can be a hot day!

FRI 11

ROYAL BOTANIC GARDEN AND CHRISTMAS WINDOWS LUNCH

Time: 9am – 4pm

Location: Mrs. Macquarie's Rd, NSW 2000 & Elizabeth Street

Cost: Free

Companion Card Accepted

Requires a NSW Opal Card for transportation.

Lunch: B.Y.O picnic lunch on the day.

Welcome to the Royal Botanic Garden Sydney, an oasis of 30 hectares in the heart of the city. Wrapped around Sydney Harbour, the Gardens occupy one of Sydney's most spectacular positions. The department store David Jones has also unveiled it's Christmas Windows for 2020, 'Home of Christmas' campaign brings to life what Christmas is about: spreading joy and celebrating special moments with our friends and family.

FRI 18

COCKATOO ISLAND CHRISTMAS BBQ LUNCH

Time: 9am – 4pm

Location: Cockatoo Island, Sydney NSW

Cost: \$8.00 (BBQ lunch cost)

Companion Card Accepted

Requires a NSW Opal Card for transportation.

Lunch: B.Y.O or you pay for yourself on the day.

Enjoy a seaside Ferry ride to the well-known heritage site to Cockatoo Island and enjoy a BBQ lunch put together by the lovely care workers. You are most welcome to bring along a soccer or footy ball, scooter, frisbee to play along with and enjoy the outdoor space to play and hang out in.

Please remember to bring along a drink bottle and sunscreen as it can be a hot day!



TO REGISTER

Call: 1300 134 332 or

Email: ndis@yourside.org.au

WELCOME!

We are very excited to announce that **our face to face social outings** are back! To ensure the safety of our clients, staff and the community, we have put in place procedures to follow.

What to expect before a group event:

- **A reminder email will be sent to you the day before, which includes a health check questionnaire.** If you answer yes to any symptoms or risk factors, do not attend the event and please let us know. We can help make sure you get tested and have a plan for support
- A temperature check will be conducted on the day of the event as you arrive
- We encourage you to wear a mask, with medical conditions exempt. Staff and volunteers will wear masks at all times
- Everyone will maintain 1.5m social distancing where possible
- Your Side reserves the right to deny participation should you present symptoms of COVID-19

By doing this we can make sure we can run the events you love to attend. We cannot wait to see you again in person!

CHRISTMAS BREAK

The group will be taking a three week break over the Christmas period from the 25th of December 2020. **Activities will resume on Friday 15th of January 2021.** Your Side wishes you a Merry Christmas and Happy New Year!



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