

## More Hours of Care at Home for Richard and Ann Marie



*"Efficient, professional, kind-hearted and empathetic - Your Side are simply marvellous. Their home care is absolutely wonderful! We love staying independent at home, but couldn't do it without them." - Ann Marie and Richard, Level 3 Home Care Package Clients*

A Home Care Package is a type of government funding to help people over 65 remain living independently in their own home for as long as possible.

This means you receive funding to help cover the cost of your coordinated care plan and you decide how it is allocated. This approach gives you more choice and flexibility about the types of services and supports you need and want.

For Richard, who is 80 years old and has dementia, and Ann Marie, his wife and primary carer who suffers with her own health challenges, the Level 3 Home Care Package is tailored to suit their specific needs:

- Respite care a few hours a week with a carer that can take Richard out so Ann Marie can have a break.
- Occupational Therapy and a cardio exercise bike for Richard to improve his physical health and wellbeing.
- Domestic cleaning and gardening services to take pressure off Ann Marie around the house.
- An electric bed so Richard can get in and out of bed with ease and assist him with breathing to allow for a restful sleep.
- Convenience meals on certain nights so Ann Marie doesn't have to prepare meals 24/7 when she is feeling exhausted.
- An experienced, kind, and calm Care Manager doing all of the work and coordination for you and being on the other end to offer emotional support and practical advice.

*"Support, assistance, emotional well-being with a holistic approach - that's Your Side! Their home care team make our journey more manageable. Thank you from the bottom of our hearts." - Ann Marie, Home Care Primary Carer*

Home Care Packages with Your Side will give you:

- MORE hours of care, support and services.
- MORE tailored solutions such as cleaning, gardening, transport and mobility aids to suit you.
- MORE expert advice & guidance from a dedicated care manager.
- One all-inclusive management fee. No hidden costs.

For more information or help signing-up to a Home Care Package, call 1300 134 332 and ask for Amanda, Tracey or Bojana or email [hcp@yourside.org.au](mailto:hcp@yourside.org.au)

△ *Richard (80) and Ann Marie (71) doing a puzzle together at home*  
Image: Bec Lewis

# Get *more* care at home!



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**[yourside.org.au](http://yourside.org.au)**