



Your Side

☎ 1300 134 332
 @ hcp@yourside.org.au
 🌐 yourside.org.au

Remaining independent at home as you age is now easier than ever

Home Care Packages have been around in various forms for over two decades.

They are a Federal Government subsidy that can be used by older people to pay for help, support and services that allows them to stay living independently in their own community.

People prefer to stay in their own homes as long as possible as they age and supporting them to do so is the future of aged care.

The first step is to register online or over the phone with My Aged Care at: www.myagedcare.gov.au.

Once that happens, it can take anywhere from six to 12 weeks to get assessed.

If it is an emergency it can happen within a week, for example if you have just been discharged from hospital.

A Home Care Package is also tailored to each individual's needs.

You can use Home Care Package money to pay for services that YOU choose.

Support falls into categories from nursing to domestic assistance, social support, home modifications or assistive technology to make getting around your house safer and easier.

It remains up to each person to talk with their provider to put together a package of support that best suits them, within the budget provided.

A good provider, like Your Side, will help someone work out what services will work best and review the mix regularly.

And you only have to listen to those involved with Your Side to know it's a good option for your care.

"I have a Level 2 Home Care Package and I have a cleaner, medical help, and my carer, Deb, goes shopping with me," 87-year-old Gloria said.

"She's lovely and we've become friends. She spoils me!"

Contact Your Side today via email at hcp@yourside.org.au or call 1300 134 332.

Get *more* care at home!



Home Care Packages with *Your Side* give you:

- ▶ **More** hours of care, support & services.
- ▶ **More** tailored solutions such as cleaning, gardening, transport & mobility aids to suit you.
- ▶ **More** expert advice & guidance from a dedicated care manager.

* One all-inclusive management fee. No hidden costs.

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