



AGE CONFIDENTLY AT HOME WITH YOUR SIDE

As we age, it's natural to want to stay independent at home, however safety, mobility, and health concerns may arise.

If you're over 65, planning for home care services early is key, as there can be a waiting list of up to 12 months for Home Care Packages in Australia. The first step is to register with **My Aged Care** by calling 1800 200 422 or visiting www.myagedcare.gov.au

Your Side offers a range of services to support you at home, including meal delivery, cleaning, personal care, transport, mobility aids, and social support. Your Side can also help you make small modifications to your home to prevent falls. Regular home visits ensure that your needs are being met through the help of our dedicated Care Managers who provide expert advice and guidance.

Home Care Packages with Your Side will give you **more hours of home-based care** and help us to manage workers, so that they meet your needs.

"Your Side has helped me so much. I have more time to myself to pursue my hobbies, work with my charities and do the online cooking classes with the social group," says 91-year-old Ron.

So, contact Your Side today at **1300 134 332** or hcpreferalls@yourside.org.au to learn more about the tailored Home Care Packages they have on offer for seniors.

Age Confidently at *Home*

- ✓ **Affordable fees** with more hours of care
- ✓ **One** contact person
- ✓ **Choice** in home care services

Contact our Home Care Package team today:

☎ 1300 134 332

✉ hcpreferalls@yourside.org.au

yourside.org.au

Your Side

Assistive Technology Specialists



Comfort Discovered

73 Jersey St North, Hornsby, NSW 2077 | www.comfortdiscovered.com **9987 4500**



To access our covered ground floor car park, you **MUST** turn into Jersey St NORTH from Bridge Road, then into the car park entrance at the end of the building. Easy access to the showroom and wheel chair accessible toilet

AT Assessment Clinic * CPD Training **

*Personalised OT Assessment for funding approval, **Training for Therapists, call for details

Delivery Available

Home Care Beds, Rise Recliners, Mobility Scooters, Wheel Chairs, Walkers, Day Chairs, Toilet, Bathroom and Daily Living Aids.
Registered Provider for My Aged Care, NDIS, DVA and Insurance cos.