

What is a Home Care Package?

Most people would prefer to age confidently in their own homes. Recognising this, the Australian Government offers Home Care Packages. This initiative is designed to assist individuals aged over 65 to maintain their independence for as long as possible.

The beauty of a Home Care Package lies in its flexibility and personalisation. Once approved for the package, people decide how this funding is allocated within a coordinated home care plan. This means greater freedom of choice in selecting the types of services they need.

The services range from nursing care to domestic assistance, social support, home modifications, mobility aids, and assistive technology. Regular consultations with providers are recommended, to adjust the mix of support to suit the individual's evolving requirements.

Arranging funding for a Home Care Package begins with an assessment conducted by the Aged Care Assessment Team (ACAT). This assessment determines the appropriate package level based on the individual's care needs. To initiate



Richard Gould and Ann Marie Maitland

the assessment process, individuals can contact My Aged Care at 1800 200 422 or myagedcare.gov.au. Once you have been assessed and have a package, you then choose a provider from the many approved providers nationally.

Your Side, a trusted provider, understands the significance of listening to individual needs. Each person has their own personal care manager, who works closely one on one with people to create tailored care plans. Care managers are there to help give advice and solve issues

as they come up.

For many, the need to enter a residential facility can be delayed or avoided with the right support in place.

If you are ready to talk to someone about your Home Care Package, talk to Your Side on 1300 134 332 or hcpreferrals@yourside.org.au

Age Confidently at *Home*

- ✓ **Affordable fees** with more hours of care
- ✓ **One** contact person
- ✓ **Choice** in home care services

Contact our Home Care Package team today:

☎ 1300 134 332

✉ hcpreferrals@yourside.org.au

Your Side

yourside.org.au

